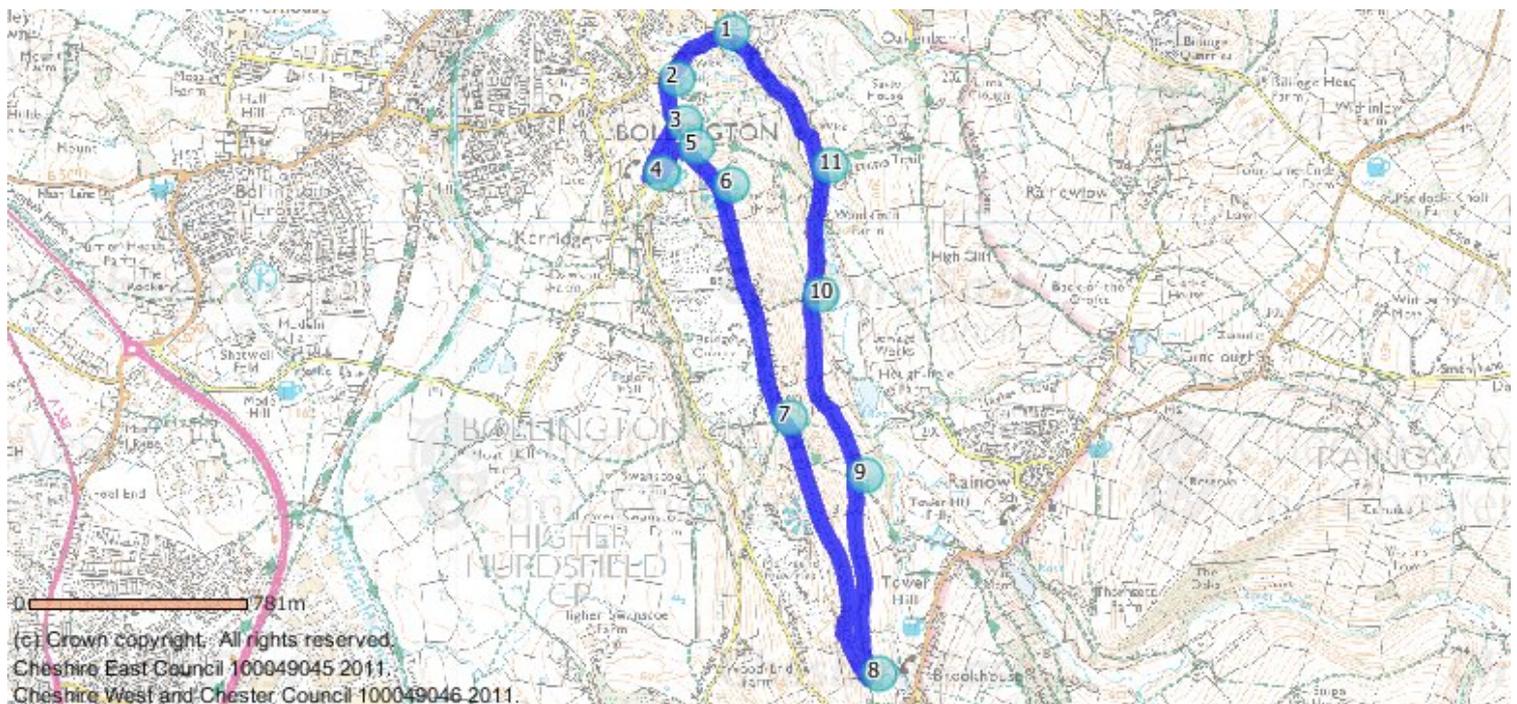


Kerridge Loop

An energetic short loop, climbing onto Kerridge ridge and returning through Ingersley Vale.

Grade	Moderate
Distance	5.7 kms/ 3.5miles
Time	2 hours
Start	By mill pond in Ingesley Vale Road GR SJ940776
Map	Explorer 268
Terrain	Field paths, tracks and stony paths. Muddy patches in winter. Some steep gradients.
Barriers	Steep slopes
Toilets	Adlington Road Car Park Bollington
Contact	01270 686029



Route Details

Bollington is known for its cotton mills and is an attractive small town with excellent facilities, situated in beautiful countryside.

The famous monument called White Nancy sits at the north end of Kerridge Ridge, high above Bollington. Built by the Gaskell family in 1820 to commemorate the Battle of Waterloo, it is a unique feature in the landscape.

The ridge of Kerridge is still quarried for the good quality millstone and from the footpath numerous quarries can be seen on the Cheshire side of the hill.

The Millstone Grit is known to contain fossils of plants from the Carboniferous times about 350 million years ago. The plant remains are of tree ferns and Calamites, a large tree and a distant ancestor of today's horsetail plants.

Ingersley Vale is the valley behind Kerridge which links Rainow and Bollington along the River Dean. The valley is a peaceful, pretty area with a number of flagged footpaths linking the villages and farms across fields.

There are the remains of mills in the valley, notable is Cow Lane Mill as well as the large number of mills in Bollington itself. Hough Hole house (not open to the public) features an "allegorical garden" based on the Pilgrim's Progress.

For detailed information about the area visit the Kerridge Ridge and Ingersley Vale website on

<http://www.kriv.org.uk>

Directions

1. Park considerately in Bollington and begin walk from the mill pool in Ingersley Vale road. Turn left into lord Street and walk up hill.
2. Take footpath up field ahead on junction with Cow Lane.
3. Take footpath through kissing gate down paved path to emerge on Red Lane and turn left.
4. Take next footpath on left up a track.
5. Take the footpath up the steep stone steps to the summit and White Nancy, following the Gritstone Trail.
6. Follow the Gritstone Trail along the ridge to a footpath junction.
7. Leave the Gritstone Trail and follow the footpath ahead.
8. At the bottom of the slope turn back on the bridleway. Follow this across the lower slopes of Kerridge.
9. Continue ahead in the same direction, over several fields.
10. At the woodland follow the path gently downhill towards Waulkmill Farm.
11. Join the road and continue ahead passing an old mill and soon return to the mill pool off Ingersley Vale road.